

# ELPAand EU Medical research projects

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### **Our Mission**

ELPA emerged from a desire amongst European liver patient groups to share their experiences of the often very different approaches adopted in different countries. In June 2004, 13 patient groups from 10 European and Mediterranean basin countries met to create the association. ELPA was formally launched in Paris on 10th April 2005 during the annual conference of the European Association for the Study of the Liver (EASL) and now has 31 member associations from 25 countries.

ELPA's aim is to promote the interests of people with liver disease and in particular: to highlight the size of the problem, to promote awareness and prevention, to address the low profile of liver disease as compared to other areas of medicine such as heart disease and to share experience of successful initiatives. ELPA and its members are dedicated to multi-level lobbying initiatives involving European Union and national policymakers, liver specialists, associations and public health experts to ensure that treatment and care are harmonized across Europe to the highest standards.

#### ELPA's focus is in line with ELPA strategy 2020 - 2023 and will be on:

- 1. POLICY WORK EU level, national level, other organizations
- 2. MEMBER EMPOWERMENT Training, capacity building, networking
- 3. ORGANISATION MANAGEMENT- Communication, visibility, source management

### **Our Vision**

ELPA's vision is that all liver patients are diagnosed in time, are treated with respect, and have equal access to the best standard of medical care – regardless of origin, lifestyle, and type of liver disease. Our ultimate goal is a world without liver diseases.

### **Our Values**







Respect for diversity



Patient driven



Commitment



Transparency

#### **Foreword of the President**

For 15 years now, ELPA has been advocating to change the life of liver patients for the better and make their voices loudly heard. It has been a long and difficult journey but ELPA has never given up, being aware of the fact that what is at stake is saving lives.

In this context, ELPA is like an upgraded patients' association. Indeed, ELPA brings together people, knowledge, and expertise from 31 member associations in 25 different countries. As an umbrella patients' association, ELPA acts like as an intermediary between all the involved stakeholders - the national patients' communities, the industry, and the EU policymakers - by providing a crucial perspective because ELPA, through its members, has a primary and direct access to the patients' lives and to the best practices in a national and regional context. As one voice, ELPA works to promote the development and implementation of policies, strategies and healthcare services that empower patients to be involved in the decisionmaking. In addition, ELPA strives to enhance the capability of patients to play an active role in all aspects of their treatment and care.

ELPA was invited to participate in first Horizon 2020 project years ago when it was not a common practice to have patient association as project partner. The EU Framework Program for Research & Innovation in brief called Horizon 2020 is the EU's biggest ever program for research and innovation. Horizon 2020 is delivering excellent science for Europe and is the biggest EU research and innovation program ever. The results of the research lead to more breakthroughs, discoveries and world-firsts by taking great ideas from the lab to the market. Excellent science, competitive industry and tackling societal challenges are at the heart of Horizon 2020 and this are also milestones of improving healthcare for liver patients.

ELPA's participation in scientific projects is part of this tireless advocacy work and contributes to this virtuous circle. On the one hand, being part of them enriches the research field with the unique views of patients' organizations. On the other hand, ELPA, with its exclusive way in communicating and disseminating scientific results, acts like a translator making complex contents accessible to a broader public. We are proud that to this day ELPA is included into science research projects that explore the possibilities to improve the life of liver patients – in total around 75 million EUR spend for top liver research in Europe at more than 50 top research laboratories and hospitals in Europe.

It is important to know that ELPA members represent ELPA's communication and dissemination activities first target. Patients' organizations play a vital role in the whole society, forging a pathway for both patients and clinicians to access new and innovative treatments, as well as providing governments with the necessary research and background information to enable them to make informed decisions. These organizations provide information, advocacy, and support to millions of people each day; this is the reason why they should have an easy access to crucial and updated scientific information.

Marko Korenjak

President of ELPA - European Liver

Just

Patients' Association

#### Foreword of the Scientific Committee leader

As a retired hepatologist and a representative of one of ELPA's member organizations, I could not be more that pleased regarding ELPA's engaging in scientific projects. I believe that the partnership of patients is really needed to link health specific problems that affect liver patients to research. It is important that patients join in research and help to disseminate research results back into society also because ELPA is strongly aware of the heterogeneity of health care systems in Europe and of the consequent differences in accessing treatments.

In the past, industry, academia, healthcare professionals, regulators, and patient organizations have largely worked in silos. In practice, many decisions about patients' care, medical research, health information and service design were taken without meaningful patient involvement. This led to inefficiencies and low value in process and outcomes. However, patient involvement can optimize the ethics, relevance, accountability and transparency, communication, promotion and implementation of research outcomes and ELPA, with its unique perspective and background, is proud to be part of this crucial process that contributes to create a better society advancing in a better consideration and awareness of liver diseases

The contribution of patients' organizations in this field could be summed up in three words: involvement, participation and engagement.

Involvement - joining grant holders or co-applicants on a research project, identifying research priorities, being members of a project advisory

or steering group, commenting and developing patient information materials, or undertaking interviews with research participants.

Participation - being recruited to a clinical trial or other research study to take part in the research, completing a questionnaire, or participating in a focus group as part of a research study.

Engagement - when information and knowledge about research is provided and disseminated through media such as television programmes, newspapers and social media, or through events open to the public with debates and discussions on research

Being successfully part of 7 EU-funded scientific projects ELPA provides each of the project with an original, specific and experienced contribution in each of the three areas sketched above. This skilled multifaceted nature, also characterized by the fact that it is the representative of the voice of patients in EMA, the European Medicines Agency, is the main strength of ELPA and it shows its high level of commitment towards the patients' community and beyond.

Dr. Teresa Casanovas-Taltavull M.D.

Leader of ELPA Scientific Committee

## Acknowledgments

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## LiverScreen

Screening for liver fibrosis - population-based study across European countries



#### Objective

Liver cirrhosis is a very common and severe chronic disease, responsible for high morbidity, impaired quality of life, major healthcare costs, and poor survival, causing an estimated 170,000 deaths per year in Europe. Liver cirrhosis is preceded by a long period of slowly developing, asymptomatic, liver fibrosis; most commonly caused by non-alcoholic fatty liver disease (NAFLD, related to obesity and type 2 diabetes), alcohol, and hepatitis B or C virus infection. There is no treatment available to reverse advanced liver cirrhosis. However, if fibrosis could be detected early, all of the major causes are still amenable to prevention and treatment. Early diagnosis of liver fibrosis in the general population is therefore crucial for the estimated 10 million Europeans with undetected liver fibrosis.

The LiverScreen project aims to develop a targeted screening methodology to identify persons with asymptomatic liver fibrosis and cirrhosis among the general population. This methodology involves:

1) identification of groups from the general population at high risk of having chronic liver disease, 2) screening their liver stiffness with the innovative transient elastography (TE) technology (until now only validated in patients with known liver disease) for diagnosis, and 3) determining the right follow-up screening regime. Within the LiverScreen project 8 European countries will collaborate and perform research in over 34,000 subjects to develop the screening methodology and demonstrate its accuracy, clinical value, cost-effectiveness, acceptability, and potential to be implemented by healthcare systems throughout Europe.

Using the LiverScreen program, diagnosis at an early stage can stop liver disease progression and have a subsequent long-term impact on liver disease morbidity and mortality and the associated societal burdens in terms of economic costs and health inequity. The estimated cost reduction ranges from €850 to €4,000 per quality-adjusted life-year gained.



Grant agreement ID

847989



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EU contribution

€ 5 996 481,25



Coordinated by

FUNDACIO CLINIC PER A LA RECERCA BIOMEDICA, Spain



#### Medical research project LIVERSCREEN:

Within medical research project LIVERSCREEN, ELPA is the leader of workpackage responsible for dissemination, communication and exploitation. ELPA's main objective is to ensure communication and dissemination of the medical research project LiverScreen activities, progress and achievements beyond the project partners, including scientific community, policy makers and general population and to:

- · facilitate interaction with relevant stakeholders (patients and their families, physicians, policy makers),
- to promote training activities on topics related to the project to improve implementation of project activities,
- to set up an exploitation strategy for the liver screening program to demonstrate the sustainability plan after the project ends.

The process of dissemination and communication is involving all ELPA's communication channels and we actively participate in events organized by medical research project LiverScreen.

**FUNDACIO CLINIC PER A LA RECERCA BIOMEDICA** 



## **Participants**

ASSISTANCE PUBLIQUE HOPITAUX DE PARIS



AZIENDA OSPEDALE UNIVERSITA PADOVA



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Belgium

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**INNOVATION ACTA S.R.L.** 



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Denmark

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UNIVERSITAETSMEDIZIN DER JOHANNES **GUTENBERG-UNIVERSITAET MAINZ** 



Germany

**UNIVERSITAT DES SAARLANDES** 



Germany

UNIVERSITY COLLEGE LONDON



United Kingdom

## LIVERHOPE

SIMVASTATIN AND RIFAXIMIN AS NEW THERAPY FOR PATIENTS WITH DECOMPENSATED CIRRHOSIS



Grant agreement ID

731875



#### Objective

Liver cirrhosis is a very common chronic disease and one of the leading causes of death in European. Moreover, cirrhosis has a marked impact in patients quality of life and represents a major burden for health systems. Treatment of cirrhosis is currently based on symptomatic management of complications and has not changed substantially in the last 20 years. There is an unmet need for therapies that target the pathobiology of cirrhosis.

The objective of LIVERHOPE project is to evaluate a novel therapeutic strategy for patients with cirrhosis based on a combination of rifaximin and simvastatin, targeting the main pathophysiological mechanisms of disease progression , namely the impairment in the gut-liver axis and the persistent hepatic and systemic inflammatory response. This dual therapeutic approach is supported by preclinical data showing excellent and very promising results.

We will perform two randomized double-blind trials to investigate safety, tolerability and efficacy of combination of simvastatin plus rifaximin in patients with decompensated cirrhosis in 5 EU countries (285 patients will be enrolled in two trials in DE, ES, FR, IT, UK). The expected impact is to halt progression to acute-on-chronic liver failure, the main cause of death, to decrease complications of the disease, to reduce hospital readmissions, to improve cost-effectiveness of therapy. Our final aim is to improve patients quality-of-life and increase survival as patients' care is the core of LIVERHOPE. Within the project we will also investigate biomarkers of response to treatment and disease progression that can be useful in clinical practice for improving the treatment of patients. We will invest our effort also in communication and dissemination activities for increasing awareness about chronic liver diseases in European countries so that preventive measures can be established to decrease the burden of cirrhosis and reduce social stigmatization of patients with chronic liver diseases.



Start date

1 January 2017

End date

31 December 2021



unded under

H2020-EU.3.1.3.



Overall budget

€ 5 998 800

EU contribution

€ 5 998 800



Coordinated by

CONSORCI INSTITUT
D'INVESTIGACIONS
BIOMEDIQUES AUGUST
PI I SUNYER, Spain



#### Medical research project LIVERHOPE:

ELPA's main role is to communicate and disseminate the project results beyond the project partners to a large audience and potential users of the results, including the clinical/scientific community and the general public.

ELPA has a very important role in this context as per engagement of the patient' association members from the very beginning of the project and maintain to inform them about findings and progress of medical research project LIVERHOPE studies. ELPA presents medical research project LIVERHOPE findings and progress to patients' associations yearly on an event - either own symposium or other relevant venue exclusively dedicated for the medical research project LIVERHOPE studies, their efforts and findings, displaying its commercial relevance and patient's importance. The findings displayed on ELPA website are being promoted through social media channels (Twitter, Facebook, website).

In summary, ELPA represents a bridge which fills in the gap from scientific to commercial to patient by:

- · raising public awareness,
- transforming scientific information into commercial information relevant to our stakeholders,
- informing patients and public about the ongoing study,
- · presenting results in classic and online forms to the commercial, medical and patient addressees,
- performing health-economic analyses to demonstrate the enhanced benefit/cost ratio of the new therapy into clinical routine.

**CONSORCI INSTITUT D'INVESTIGACIONS BIOMEDIQUES AUGUST PI I SUNYER** 



## **Participants**

ACADEMISCH MEDISCH CENTRUM BIJ **DE UNIVERSITEIT VAN AMSTERDAM** 



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**ALTA RICERCA E SVILUPPO IN BIOTECNOLOGIE SRLU** 



**ANAXOMICS BIOTECH SL** 



Spain

**ASSISTANCE PUBLIQUE HOPITAUX DE PARIS** 



France

AZIENDA OSPEDALIERA CITTA DELLA SALUTE E DELLA SCIENZA DI TORINO



**ECRIN EUROPEAN CLINICAL RESEARCH** INFRASTRUCTURE NETWORK



**EUROPEAN FOUNDATION FOR THE STUDY** OF CHRONIC LIVER FAILURE (EF-CLIF)



**EUROPEAN LIVER PATIENTS ASSOCIATION** 



Belgium

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Spain

UNIVERSITA DEGLI STUDI DI PADOVA



Italy

UNIVERSITAETSKLINIKUM BONN



Germany

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United Kingdom

## **IP-cure-B**

Immune profiling to guide host-directed interventions to cure HBV infections



#### Objective

The objective of the project is to develop novel curative concepts for chronic hepatitis B (CHB). Specific aims will be to: 1) improve the rate of functional cure of CHB by boosting innate immunity with immune modulators and stimulating adaptive immune responses with a novel therapeutic vaccine; ii) characterize immune and viral biomarker signatures for patient stratification and treatment response monitoring; iii) integrate biological and clinical data to model the best combination treatment for future trials; iv) model the effectiveness of novel curative therapies with respect to disease spectrum, patient heterogeneity, and constraints of National Health Systems.

The project organization will combine: i) a Proof of Concept clinical trial of a combination of 2 novel compounds stimulating innate immunity; ii) a preclinical immune therapy platform in humanized mice combining immune-modulatory strategies to stimulate innate immunity, rescue exhausted HBV-specific T cells and generate anti-HBV adaptive responses; iii) extensive virologic and immune profiling to identify correlates of cure in patients, iv) the integration of large biological and clinical datasets, v) a cost-effectiveness modelling of new therapeutic interventions, vi) project management, vii) results exploitation and dissemination.

The proposal responds to the work program by: i) including the evaluation of emerging concepts in drug and vaccine development to discover a curative strategy for CHB, a major public health concern for Europe, ii) capitalizing on knowledge of host-pathogen interactions to develop novel immune-based therapies, iii) considering age, gender and viral genetic variations, iv) comprising a clinical trial and a preclinical platform for the discovery of novel immune interventions, and selection of relevant biomarkers for validation in established clinical cohorts, v) addressing conditions for effective uptake of the new curative interventions by National Health Systems.



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847939



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1 January 2020

End date

31 December 2024



Funded under

H2020-EU.3.1.3.



Overall budget

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EU contribution

€ 9 983 029



Coordinated by

INSTITUT NATIONAL
DE LA SANTE ET
DE LA RECHERCHE
MEDICALE, France



#### Medical research project IP-cure-B

European Liver Patient Association (ELPA) as a co-leader of the work packages responsible for Communication, Dissemination and exploitation plays an active role in different part of the project by:

- participating to the IP-cure-B Trial Steering Committee;
- reviewing the proof of concept (PoC) clinical study protocol and the information to participants, advocating on behalf of IP-cure-B researchers and disseminate clinical trial information;
- interacting with the consortium scientists for effectiveness studies,
- disseminating knowledge on HBV and the research progress made in the field of HBV therapy to raise awareness on this disease.

Within medical research project IP-cure-B, ELPA is responsible for dissemination and communication of the research results and any other information that can be beneficial for patients and patient communities. ELPA is actively engaged in translation of the project results and milestones to "patient friendly" language and to incorporate the patient view during the dissemination process. ELPA is also consulted to ensure that the ethics documents, information sheet and patient consent form for the proof of concept (PoC) clinical trial are understandable by patients. The process of dissemination and communication involves all ELPA's communication channels and we actively participate in all events that are organized by medical research project IP-cure-B. ELPA participated in creation of webpage, social media platforms and makes sure of their updates with relevant information's.

**INSTITUT NATIONAL DE LA SANTE** ET DE LA RECHERCHE MEDICALE



## **Participants**

**CENTRE HOSPITALIER UNIVERSITAIRE VAUDOIS** 



Switzerland

**ETHNIKO KAI KAPODISTRIAKO** PANEPISTIMIO ATHINON



Greece

**EUROPEAN LIVER PATIENTS ASSOCIATION** 



Belgium

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Spain

**GILEAD SCIENCES INC** 



United States

**HOSPICES CIVILS DE LYON** 



France

**INSERM TRANSFERT SA** 



France

**INSTITUT PASTEUR** 



France

KAROLINSKA INSTITUTET



Sweden

SPRING BANK PHARMACEUTICALS INC.



United States

**UNIVERSITA DEGLI STUDI DI PARMA** 



UNIVERSITAETSKLINIKUM FREIBURG



Germany

## MICROB-PREDICT

MICROBiome-based biomarkers to PREDICT decompensation of liver cirrhosis and treatment response



Grant agreement ID

825694



#### Objective

Decompensation of liver cirrhosis and progression towards acute-onchronic liver failure (ACLF) causes 1.2 million deaths/year. Microbiome is causally involved in cirrhosis progression and is for drugs the first interaction point with the patients. Drugs can alter the microbiome leading to unwanted effects or even facilitating their effects, but the microbiome metabolizes the drugs, shapes their effects and possibly determines the host response to drugs. As each person carries an individual microbiome, insight in these processes should help stratify or even personalize patient health care and treatment.

The aims of MICROB-PREDICT are 1) to better understand the role of microbiome and the gut-liver-axis interactome with respect to microbiome functionalities, 2) to identify and validate microbiome-based biomarkers and signatures for personalized prediction of decompensation and ACLF, and response to treatment, 3) to design three new tests as easy-to-use tools and point-of-care, smartphone-connected nanobiosensors, and 4) to validate them in a randomized controlled trial. MICROB-PREDICT will assemble existing data and samples from major microbiome initiatives in hepatology (12 international studies, >10,000 patients), and enrich them with holistic and in-depth analysis using cutting-edge multi-omics technologies of host and microbiome from different body sites in samples of >1,000 patients collected in a longitudinal manner with sequential visits and controlling for confounders.

MICROB-PREDICT results will foster more accurate, personalized risk stratification and significant steps towards personalized treatment of decompensated cirrhosis and ACLF. World-leading microbiome specialists, technology leaders and clinical experts make this a programme of scientific excellence; patient organisations (ELPA) and the European Association for the study of the Liver (EASL) will channel our results into a powerful dissemination, communication and exploitation programme.



Start date

1 January 2019

End date

31 March 2025



Funded under

H2020-EU.3.1.2.



Overall budget

€ 15 000 002,50

EU contribution

€ 15 000 000



Coordinated by

EUROPEAN FOUNDATION FOR THE STUDY OF CHRONIC LIVER FAILURE (EF-CLIF), Spain



#### Medical research project MICROB-PREDICT

Within MICROB-PREDICT, ELPA is responsible for dissemination and communication of the research results and any other information that can be beneficial for patients and patient communities. ELPA is actively engaged in translation of the project results and milestones to "patient friendly" language and in incorporating the patient view during the dissemination process. The process of dissemination and communication involves all ELPA's communication channels and we participate in events organized by medical research project MICROB-PREDICT. Furthermore, ELPA is involved in the discussion on ethical and social issues and the protocol set-up of the clinical trial. ELPA is part of medical research project MICROB-PREDICT Impact Board. Impact Board monitors the communication and dissemination and reports to the management of the research project. Within medical research project MICROB-PREDICT ELPA also:

- provides input to the analysis and policy of the ethical and legal issues in all stages of MICROB-PREDICT,
- upports the identification of patients affected by liver failure and its impact on society,
- · communicates to the public and to patient communities in Europe,
- $\boldsymbol{\cdot}$   $\,$  conducts performance evaluation of dissemination activities and impact,
- collaborates with scientists and EASL in the field of guideline development and updates.

**EUROPEAN FOUNDATION FOR THE STUDY** OF CHRONIC LIVER FAILURE (EF-CLIF)



## **Participants**

#### ACADEMISCH ZIEKENHUIS LEIDEN



Netherlands

#### **BIOBYTE SOLUTIONS GMBH**



Germany

#### **COMMISSARIAT A L ENERGIE ATOMIQUE ET AUX ENERGIES ALTERNATIVES**



France

#### **CONCENTRIS RESEARCH MANAGEMENT GMBH**



Germany

#### **DEBRECENI EGYETEM**



Hungary

#### **EUROPEAN ASSOCIATION FOR** THE STUDYOF THE LIVER



Switzerland

#### **EUROPEAN LIVER PATIENTS ASSOCIATION**



Belgium

#### EUROPEAN MOLECULAR BIOLOGY LABORATORY



Germany

#### **FUNDACIO CLINIC PER A LA RECERCA BIOMEDICA**



🔬 Spain

#### **FUNDACIO INSTITUT CATALA DE** NANOCIENCIA I NANOTECNOLOGIA



#### **INSTITUT NATIONAL DE RECHERCHE** POUR L'AGRICULTURE, L'ALIMENTATION **ET L'ENVIRONNEMENT**



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#### KOBENHAVNS UNIVERSITET



Denmark

#### **MAX-PLANCK-GESELLSCHAFT ZUR** FORDERUNG DER WISSENSCHAFTEN EV



Germany

#### **ODENSE UNIVERSITETSHOSPITAL**



Denmark

#### UNIVERSITAT DE BARCELONA



Spain

#### **UNIVERSITETET I OSLO**



Norway

#### **UNIVERSITY COLLEGE LONDON**



United Kingdom

#### **VAIOMER**



France

## **GALAXY**

GALAXY: Gut-and-liver axis in alcoholic liver fibrosis



#### Objective

Alcohol overuse is an important societal challenge with annual healthcare costs of over €22 billion in Europe. Alcohol is the main cause of liver cirrhosis, which is the 5th and 7th most common cause of life years lost in respectively Eastern and Western Europe. Cirrhosis is considered irreversible but its precursor, liver fibrosis, is reversible when detected before disease progression. GALAXY proposes that crosstalk between the gut microbiome and the liver influences the development and progression of alcoholic liver fibrosis. Here, a 'dysbiotic' microbiome in susceptible individuals leads to progressive liver fibrosis in combination with alcohol overuse. Therefore, interventions aiming to restore a healthy gut microbiome will reduce disease development. We will use state-of-the-art systems medicine tools to improve understanding of the complex interplay present during alcoholic liver fibrosis, to identify at-risk individuals in time and to develop personalised healthcare strategies for alcohol over-users (20% of the EU population >15 years old). GALAXY brings together partners with unique research competences in clinical hepatology, microbiome, multi-omics, biomarkers and bioinformatics. Our aim is to develop novel systems medicine tools which integrate clinical, multiomics and lifestyle information from alcohol over-users at various stages of the disease and healthy individuals in order to: 1) identify signatures of host-microbial cross-talk during disease development and progression, 2) translate this into biomarkers for diagnosis, stratification and treatment monitoring in alcohol over users, and 3) evaluate new interventions to modulate gut microbiota towards prevention and mitigation of the disease in at-risk individuals. We will also study societal and economic impact of GALAXY biomarkers and treatments to accelerate future development. The GALAXY consortium includes strong SME partners who will enable the results to be exploited commercially.



Grant agreement ID

668031



Start date

1 January 2016

End date

31 December 2021



Funded under

H2020-EU.3.1.1.



Overall budget

€ 6 408 782,51

EU contribution

€ 6 305 654



Coordinated by

SYDDANSK UNIVERSITET, Denmark



#### **Medical research project GALAXY:**

ELPA's involvement in this project is on voluntarily basis. ELPA is however using all social media and communication channels and we do our best to help with dissemination of the project and study results. We are using ELPA's

- · social media such as Facebook, Twitter, LinkedIn,
- · life and online events,
- presence at different congresses and conferences in order to help with dissemination of this project.

SYDDANSK UNIVERSITET



Denmark

## **Participants**

**EUROPEAN MOLECULAR BIOLOGY LABORATORY** 



Germany

**IDRYMA IATROVIOLOGIKON EREUNON AKADEMIAS ATHINON** 



Greece

JOHANN WOLFGANG GOETHE-**UNIVERSITATFRANKFURT AM MAIN** 



Germany

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Denmark

**REGION HOVEDSTADEN** 



Denmark

UNIVERSITETET I OSLO



Norway

## DECISION

DECOMPENSATED CIRRHOSIS: IDENTIFICATION OF NEW COMBINATORIAL THERAPIES BASED ON SYSTEMS APPROACHES



#### Objective

In 2013, cirrhosis was responsible for 1.2 million deaths worldwide. This mortality is mainly due to cirrhosis decompensation, i.e. development of ascites, hepatic encephalopathy, and/or gastrointestinal hemorrhage, and its progression to acute-on-chronic liver failure (ACLF). Patients with decompensated cirrhosis receive many treatments such as intravenous and oral absorbable antibiotics, oral non-absorbable antibiotics, albumin, proton-pump inhibitors, laxatives, diuretics, betablockers, vasoconstrictors, statins, anticoagulants, steroids and antiviral agents. Despite these multiple treatments, ACLF or mortality in patients with decompensation of cirrhosis remains high (15% at day 28, 28% at day 90) because of large interindividual variability in precipitating events, in clinical presentation and in response to treatment. This heterogeneity calls for treatment personalization according to underlying mechanisms. The objective of DECISION is to enhance our understanding, at systems level, of the pathophysiology of decompensation of cirrhosis leading to ACLF or death to decrease patients' mortality at day 28.

First, DECISION will improve our knowledge of the pathophysiology of decompensation of cirrhosis by integrating results of high-throughput multi-omic profiling with comprehensive clinical data from 2,200 fully characterized patients (more than 8,600 time points) with available standardized biological samples. Second, we will identify novel combinatorial therapies for patients with decompensation of cirrhosis to prevent death. We will refine these therapies in new and/ or optimized animal models and then test the best combination in high risk patients in a phase II clinical trial built in DECISION. Third, we will develop 2 tests: one predicting outcome of patients with decompensation of cirrhosis when treated with standard treatment (prognostic test); and the other identifying patients who will respond to the novel combinatorial therapy (test for response).



Grant agreement ID

847949



Start date

1 April 2020

End date

30 September 2025



Funded under

H2020-EU.3.1.1.



Overall budget

€ 6 000 007,13

EU contribution

€ 6 000 000



Coordinated by

EUROPEAN FOUNDATION FOR THE STUDY OF CHRONIC LIVER FAILURE (EF-CLIF), Spain

#### Medical research project DECISION:

Within DECISION, ELPA is responsible for the communication and dissemination of the research results, and any other information that can be beneficial for patients and patients community. ELPA is actively engaged in translation of the project results and milestones to »patient friendly« language, and incorporates the patient's view during the dissemination process. The process of communication and dissemination involves all ELPA's communication channels and we actively participate in events that are organized by the DECISION project management team. The main objective is the development of a communication strategy and dissemination plan aimed at potential stakeholders of the EU member states, namely patients, health care professionals, pharma and biotech companies, healthcare insurers, international professional networks and general public. The strategy includes some of the following specific aims:

- · to make DECISION known to all stakeholders,
- to disseminate the results to the scientific and medical community, healthcare, pharmaceutical
  and policy sectors and general public and foster interaction and exchange with patient
  organizations,
- to exploit and valorize the intellectual property rights and safeguard sustainability of medical research project DECISION results,
- to incorporate new knowledge on tests and combinatorial therapies into (inter)national clinical guidelines and inform patient communities of the benefits for the patients,
- to prepare the next generation of scientists in the field of liver research.

ELPA also participated in setting up the protocol and finalisation of the protocol in close collaboration with the European Foundation for the study of chronic liver failure (EFCLIF) and the participating clinical partners.

**EUROPEAN FOUNDATION FOR THE STUDY** OF CHRONIC LIVER FAILURE (EF-CLIF)



## **Participants**

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## **FiSPlat**



#### Objective

Chronic liver disease represents a major public health problem, accounting for significant morbidity and mortality worldwide. Liver fibrosis is the common consequence of any chronic liver injury. This leads to a persistent liver inflammation, which stimulates a wound healing response in which extracellular matrix proteins, such as collagens and hyaluronic acid, accumulate in the liver and form scar tissue (fibrosis). Prognosis and management of patients with chronic liver diseases depends critically on the progression of liver fibrosis. Accurate quantification of liver fibrosis is essential for therapeutic decision-making and follow-up to prevent progression, as well as to reduce heath economic costs associated with liver cirrhosis. Liver cirrhosis is one of the most important cause of death, resulting in an economic burden of 17B€ in Europe/year. Its progression is silent, becoming one of the most difficult areas for early detection of patents. The lack of methods to diagnose it at early stages prevents stopping this dangerous killer. This consortium introduces FiSPlat (FibroScan Screening Platorm): a cheap, fast, non-invasive method to diagnose early stage cirrhosis, based in Transient Elastography, without the need for medical specialists. FiSPlat is based in a new version of FibroScan, developed to be used in Primary Care. It enables primary healthcare to screen populatons at risk, improving early patent stratficaton and preventng progressive cirrhosis. FiSPlat project will be based in:

- 1) Design / clinical follow-up: Design and manufacture, Regulatory approval (CE mark) and Postmarketng clinical trial
- 2) Business actvites: Cost-efectiveness study, Market access and Education activities)

FiSPlat is an adaptation of the FibroScan device and technology that will enable a cheap, fast, non invasive detection of significant fibrosis (which indicates risk of progression to cirrhosis). It enables primary healthcare doctors and nurses to screen populations at risk of cirrhosis development. The technology measures the velocity of the sound wave through the liver and converts that measurement into liver stiffness, which is directly related to fibrosis. It also measures CAP (controlled attenuation parameter) that is related to steatosis. The device, which will be commercially available in 2021, will enable an earlier diagnosis, which will result in earlier and costeffective treatment to prevent further progression of liver disease.



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**EIT Health** 



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**GENESIS Biomed, Spain** 



#### Medical research project FiSPlat:

Within medical research project FiSplat, ELPA is a part of « Different education activities » group that have been planned, in order to raise awareness between the patients and the facultative and caregivers about the advantages of the new developed device and to disseminate the technology. Each clinical partner organises at least one educational activity during the 3 years of the project, in which professionals are given training on how to use the device, support and educational contents.

University of Barcelona (UB) performs one activity per year for nurses. In 2022, a big educational activity, with physicians, nurses and patients (ELPA), will be performed. Besides, an online educational programme are also being built. During the last year of the project, a big educational activity, with physicians, nurses and patients will be performed, in which patients and society will be educated about liver diseases and about FiSPlat solution. ELPA includes educational activities for 31 patients organizations from 25 European countries at one of their regular annual meetings. The educational activity including all ELPA members, presidents or legal representatives of patient organizations, are being delivered in person. However, the webinar is available not only for ELPA members and our stakeholders but for the general public interested in this topic.

**GENESIS BIOMED** 



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